

Adult Education Course Information

IMPINGTON VILLAGE COLLEGE

Course Title: Ballroom Dancing for Beginners

Course Description:

This course is suitable for absolute beginners and those who wish to refresh their basic ballroom dancing skills. If you enjoy dancing to music, want to get fitter and would like to feel more comfortable and confident moving around a dance floor, then this course is for you.

Throughout this course, you will learn ballroom and Latin American dances including Waltz; Foxtrot; Quickstep; Tango; Cha Cha; Samba; Rumba, and Jive.

A dance partner is required for this course.

Start Date:	Wednesday 17 January 2024
Date & Time:	Wednesday 8.00pm – 9.00pm
Venue:	Small Gymnasium, Impington Sports Centre, New Road, Impington, Cambridge, CB24 9LX

Tutor Details:

Claire Russell

Number of weeks:	10
Terms:	1
Fee per term:	£85.00

Course Level:

Beginner

Course Aims & Objectives:

- Introduce basic ballroom and Latin American dance steps
- Learn about the origins of each dance and the music, counting in beats according to the time signature of the dance
- Improve fitness
- Gain confidence

Progression – After this course, what might you do next?

Sign up for the ballroom dancing – non beginners course.

Additional Course Costs:**(e.g., Visits; Materials; Books)**

There are no additional costs for this course.

Materials / Equipment Required for First Class:

- Please bring shoes with a back to support the heel – no trainers as these are too grippy
- Bottle of water and comfortable clothes

Contact for further information:

Adult Education: 01223 200400
adulthoodeducation@ivc.tela.org.uk

Enrolment & Payment: online via our website, or in person on Wednesday mornings between 9am and 12pm in the main College reception.

Refunds: Refunds are only available if we close a class or you choose to withdraw no less than two weeks before the start date. In the latter instance, there will be an administrative charge of £5.00. If a class is cancelled due to circumstances beyond our control, such as snow or tutor illness, an extra class or classes will be added to the programme and no refund will be available.

Concessionary Fees: Concessionary discounts of 25% (excluding materials) are available if you are in receipt of a means-tested benefit: JSA/ESA or Universal Credit; Carers Allowance or a social care assessment (EHCP, DLA PIP). Evidence of this must be presented on enrolment. It is also possible to pay by instalments - please ask for details.

ELA employees also receive a 50% discount on any adult education classes.